

APPENDIX A: SURVEY INSTRUMENT

Q1. Which of the following injuries have you experienced? (Multiple Selection)

Answers

1. Bony fracture
2. Concussion
3. Musculoskeletal sprain/strain
4. Epistaxis (nosebleed)
5. None of the above

Q1. Please indicate how much you agree or disagree with each of the following statements about concussions. (Matrix single selection)

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Concussions are serious medical injuries that require proper medical evaluation.					
Athletes sometimes hide concussion symptoms so they can continue playing.					
An athlete with a suspected concussion should not return to play on the same day as the injury.					
Repeated concussions can lead to long-term brain health problems.					
A healthcare provider should determine when an athlete can safely return to sports after a concussion.					
Schools should require medical clearance before allowing an athlete to return to play after a concussion.					
I feel confident that I can recognize the common signs and symptoms of a concussion.					
Parents and coaches play an important role in ensuring athletes report concussion symptoms.					
Concern about concussion risk would influence					

my decision to participate in or allow someone to participate in contact sports.					
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Q2. Do you consider concussions to be serious medical injuries? (Single selection)

Answers

1. Yes
2. No
3. Unsure

Q3. Do you believe athletes sometimes hide concussion symptoms? (Single selection)

Answers

1. Yes, frequently
2. Yes, sometimes
3. Rarely
4. Never
5. Unsure

Q4. Would you allow a child to continue playing sports immediately after a mild concussion? (Single selection)

Answers

1. Yes
2. No
3. Depends on the sport
4. Unsure

Q5. How long do you believe recovery from a concussion typically takes? (Single selection)

Answers

1. A few days
2. A week or two
3. Several weeks to months
4. More than six months
5. Unsure

Q6. Do you believe repeated concussions can cause long-term brain damage? (Single selection)

Answers

1. Yes, definitely
2. Possibly
3. Unlikely
4. No, not at all
5. Unsure

Q7. Should schools require medical clearance before returning to sports after a concussion? (Single selection)

Answers

1. Yes, always
2. Yes, for severe concussions only
3. No
4. Unsure

Q8. Have you learned about concussions primarily through media/social media? (Single selection)

Answers

1. Yes
2. No
3. Partially

Q9. Do you think parents underestimate concussion risks? (Single selection)

Answers

1. Yes, significantly
2. Yes, somewhat
3. No, they are well-informed
4. Unsure

Q10. Would fear of concussion influence your choice of sports participation? (Single selection)

Answers

1. Yes, significantly
2. Yes, somewhat
3. No, not at all
4. Unsure

Q11. Do you believe professional sports organizations adequately address concussion safety? (Single selection)

Answers

1. Yes, completely
2. Partially
3. No, not enough
4. Unsure